

Free child and youth development resources

- For parents and caregivers of children birth to 18 years
- Topics related to child development, health, and wellness.
- Developed by AHS pediatric rehabilitation clinicians: occupational therapy, physiotherapy, psychology, speech-language pathology, and social work.

Explore our resources



Webpage

ahs.ca/pedrehab



Rehabilitation advice line

1-833-379-0563 or 811

Monday to Friday from 9 a.m. to 5 p.m.



Video tour of webpage

[Webpage tour video](#)

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Poster



Community catalogue



Business cards



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Contact the team

ChildrenYouthHealth@ahs.ca